

MONTHLY BOARD MEETING MINUTES

April 28, 2014

Mental Health Board

Members in Attendance

Behrens, Sharon
Cleveland, Cheryl
Dickinson, Will
Ling, Louis
Meade, Pat
O'Meara, Janet
Thickens, Theresa
Wesp, Daniel
Williams, Jessica

Absent Members

Holmes, Jim

Staff and Guests

Abrahamson, Twylla
Bauman, Maureen
Bond, Yvonne
Brown, Jeff
Copple, Katrina
Crow, Shari
Jones, Janna
Oldham, Rob
Osborne, Marie
Rothbardt, Mitch
Stanners, Sharon
Wheeler, Rick

Welcome and Introductions

Janet O'Meara, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:17 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – Not Read

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

❖ Guest Speaker:

Jeff Brown, Director, Health and Human Services

Mr. Brown provided a PowerPoint presentation on the Health and Humans Services (HHS) Organization

- Mr. Brown reviewed the HHS organization, Placer model of integrated services, department successes and major challenges.
- Vision for residents of Placer County is to keep them safe, healthy at home/at work, succeeding in school/ready to learn, out of trouble, and self-sufficient.
- Two systems of care - Adult and Children's.
- Explained how partners are the key to success in the organization.
- HHS is the biggest department in Placer County.
- Provided information about each of the five divisions, identified each of the division directors, and provided a high level overview for each division.
- Shared some of the successes and challenges of each of the divisions in HHS.

- Placer County ranked number 2 out of 58 counties in county health rankings.
- Reviewed where Placer County stands in the social and economic standards.

Secretary/Treasurer's Report

Approval of the March 24, 2014 Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Reports – \$1,500 - Amount budgeted for Fiscal Year 2013-14. Expenditures for the month of March include: \$56.09 - food purchased. End balance of \$752.86 and is accepted as presented.

Standing Committee Reports

- ❖ Alcohol and Drug Committee – Dan Wesp
 - The committee learned the county is piloting a level one treatment provider program to be county run. Level one is defined as people who don't yet recognize they need treatment, also considered a pre-treatment level.
 - The committee was provided a tour of the West Wing (area in Cirby Hills previously occupied by the Board of Supervisors) that will house the new level one pilot program.
 - Talked about the collaborative courts the county has but focused on Proposition 36 and possibly having one of the judges who sits on a collaborative court come to speak to the committee about the challenges the court faces.
 - Proposition 36 is currently an unfunded mandate; not receiving funding from the state.
- ❖ Quality Improvement – Jessica Williams
 - Continuing with the test calls. Volunteers call both the Adult Intake and Children's System of Care for services, using various scenarios. The results of the test calls are used for quality and improvement purposes.
 - Need more volunteers to conduct additional test calls.
 - The committee discussed the two Performance Improvement Plans (PIPs) required for the External Quality Review Organization (EQRO). This is a federal review that is mandated for each state to conduct, which tracks different performance measures.
- ❖ Children's Committee – Sharon Behrens
 - The Request for Proposal (RFP) was granted for the Trauma Informed Care for ages of 3-6.
 - This regional program (18 counties) is expected to begin in August with a total of 10 slots; all services for these children will be housed under one roof.
 - Located on the border between Placer and Sacramento Counties.
 - Task force for the Crisis Resolution Center (CRC) determined the CRC could expand their current facility from 6 to 8 beds. This addition will help to shorten up the waiting list. Last year, 43 kids were placed on a waiting list. Cost is expected to be \$100,000.
 - The CRC falls under the Juvenile Justice funding.
 - Dr. Lisa Conradi, through a federal grant, will conduct training on creating Trauma Informed Communities. Expecting the training in August or September. This will be open to community partners (free of charge).
- ❖ Adult Services Committee – Janet O'Meara
 - Curtis Budge, ASOC Program Manager, provided the committee with updates on the Crisis Triage Grant Pilot program. The committee is pleased with the various outreach and engagement programs available in the county.
 - The committee is re-reading text of AB1421 (Laura's Law) to see if there are aspects of the law that can be accomplished with non-coercive measures. The Pilot program and current outreach/engagement programs appear to provide opportunities to address the same issues that AB1421 is designed to address, e.g. non-compliance with treatment plans).
 - Requesting a press release to advise the public of the new Crisis Triage Pilot once it's established.

BOS-Representative - None

Correspondence and Announcements

- ❖ Janet O'Meara reported on the receipt of the following:
 - Correspondence from California Association of Local Mental Health Boards and Commissions. Annual dues will be required prior to sending member(s) to the upcoming June annual meeting in Oakland – June 19-21, 2014.
 - Verifying that the MHADB is not interested in a membership; Janet O'Meara will contact the organization.

Director's Report *(Distributed in Board packet)*

- ❖ Maureen Bauman reported on the following:
 - Crisis Triage Grant - received the award back from the Oversight and Accountability Commission. One person has been hired and is working with Mr. Budge to get the program up and running to provide the crisis response services. The teams will be comprised of one county employee (master level) and a peer advocate, covering the hours of 3:00 – 11:00 p.m.
 - This will provide more ability to do clinical intervention so we can find more alternatives to hospitalization.
 - Contracting with Advocates for Mentally Ill Housing (AMIH) for peer advocates.
 - Collaborating with law enforcement, beginning with the Placer County Sheriff's Office. They will conduct safety training for our staff and we will train their dispatch. Plan to work with the rest of law enforcement community.
 - Each Mind Matters campaign continues.
 - May is Mental Health month; requesting everyone to wear their lime green ribbons in May.
 - Reminder - May 13th, is the big event at the Sacramento State Capitol (flyer previously distributed), including the viewing of the public service announcements, Directing Change, developed by the high schools.

Unfinished Business

- ❖ Recruitment *(Standing Agenda Item)*
 - Please continue to share the Board's good work with the community and invite them to a meeting. Let our guests know they can contact Maureen Bauman or her staff for questions.
- ❖ Visibility of MHADB Services *(Standing Agenda Item)*
 - Janet O'Meara attending the May 13th morning event at the State Capitol.
- ❖ MHADB Handbook Task Force Update
 - Jessica Williams reported a rough draft of ideas has been developed.
 - Plan to use more of the PowerPoint and include county specific information, as well as a summary of each committee.
- ❖ July Retreat – Committee to Update Goals by May/June
 - The Executive Committee incorporated the Board's ideas into a draft agenda (provided in packet), and it was reviewed by the full Board.
 - Committees need to identify their goals (in committee meetings) for the next fiscal year. Need this information sometime in June for the July Retreat.
 - **July Retreat:** July 18th, 8:30 – 2:45; regular Board meeting begins at 3:00 p.m.
 - The Executive Committee will finalize the agenda at their next meeting (May).
- ❖ MHSA Request for Proposal Update
 - Maureen Bauman noted the rest of the proposals are in process and are expected back early next month.
 - Extending all current MHSA programs out until the end of September.
- ❖ July Retreat Draft Agenda
 - See "July Retreat – Committee to Update Goals by May/June."

New Business

- ❖ Anonymous People

Shari Crow, Health Educator, Children's System of Care was introduced.

 - Asked if the Board is interested in a possible collaborative project with the Coalition for Placer Youth.
 - Shared information on the film – Anonymous People, which is being shown in communities throughout the US. The film is about Americans that are in long-term recovery from addiction. The film's message is one of hope and is told through true stories of everyday people.
 - Film length - 88 minutes long; cost - \$250 (film and film rights).
 - Possible partners - faith community, Sierra College, Rocklin Police Department, treatment and prevention groups.
 - CORR, in Nevada County, will be showing the film in a few weeks. They have purchased the film/film rights and are interested in partnering with Placer County, providing us with film/film rights. They will also supply us with their graphics and marketing materials.

- Shari Crow will get the date the film will be shown and distribute to members.
 - Proposing to outreach to the treatment and recovery community as well as the general community.
 - Format needs to be very simple, allowing time for a good introduction, feedback, closing, and a call to action at the end.
 - The Alcohol and Drug Committee will follow up with Shari Crow to begin the collaborative process.
 - Discussed possible dates and sites for a showing – June or September.
 - Janet O'Meara, Dan Wesp, and Shari Crow will get together regarding possible dates.
- ❖ May is Mental Health Month Calendar Information
- The most current May is Mental Health Month Calendar was distributed in the Board's packet.
- ❖ Contracts [**Action Item**]
- The below contracts were reviewed and approved by the Executive Committee.
 - Helios Healthcare, LLC, dba Idylwood Care Center for Mental Health Services
 - El Dorado Psychiatric Health Facility Amendment FY 13-14
- Dan Wesp moved the contracts be approved, Pat Meade seconded. Motion carried.**

Board Member Comments

- ✧ The Anonymous People showing is May 14th at 6:30 p.m. at the Sierra College campus, Nevada City. Dan Wesp offered to car pool.
- ✧ Sharon Behrens reported on the April 26th Prescription Take Back Event. Took in 14 boxes, each weighing 30-35 pounds, and passed out 200 crisis cards and information. A number of the individuals were seniors. There's a need for additional information/resources to be included on cards for those who are in bereavement; many people were suffering from the loss of their loved ones. May want to include the Warm Line and Senior Peer Counseling.

Public Input

- ✧ Katrina Copple thinks Sierra College, for the showing of the Anonymous People, would be a fantastic location. Discussed the Recovery Happens event in September and thinking about the call to action and getting information out to the general public. It would be good to ask individuals if they'd like to come out and support those that are newly recovered. They would have an opportunity to pass on their story and hope and get out to the community so they can build their own support for each other.

Adjournment

- The meeting was adjourned at 8:06p.m.
- Monday, May 5, 2014 at 3:30 p.m. is next Executive Committee meeting (ASOC).
- Monday, May 19, 2014 is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

Secretary/Treasurer, Mental Health, Alcohol and Drug Board